



CULINART GROUP

INNOVATIVE DINING SOLUTIONS



continental breakfasts • sandwich luncheons • entrée buffets
afternoon snacks • special functions • special event catering

Merritt 7

Cafe 301: (203) 956-6227

Cafe 601: (203) 840-0629

merritt7.catertrax.com



Welcome to CulinArt Catering Services at Merritt 7. It is our privilege to serve you. This catering guide outlines CulinArt's most popular selections for breakfast, lunch, breaks and snacks. The items and buffets detailed here are a mere sampling of CulinArt's full catering capabilities. Please feel free to contact our us for any special arrangements or items you may not find in our guides. It is our goal to exceed your expectations and we are always available to create a menu tailored to your specific needs.

Note that all listed prices are per person, unless otherwise noted. There is a minimum order of 10 people (unless otherwise specified) or \$50.00 minimum, whichever total dollar amount is greater. Prices include delivery, food table/station linens, set-up, break down and pick-up of food and equipment. Certain events (such as china service, tended bars, chef stations) may require additional charges.

To Order catering services please login to your Catertrax account at merritt7.catertrax.com or feel free to contact CulinArt directly at Cafe 301: (203) 840-0629 or Cafe 601: (203) 956-6227. We are more than happy to arrange an initial meeting to discuss your event, meeting or party needs. Or, if you simply need guidance or assistance in placing your order, please contact us.

24 Hours Advance Notice is typically required for CulinArt to satisfy your dining needs. Our objective is to accommodate your needs; to ensure selection and availability, we request that functions be scheduled with as much advance notice as possible. Of course, we will make every effort to satisfy your dining service needs with reasonable notice. On occasion, your special function may require the hiring of additional personnel. Please notify us as soon as possible of any cancellations to avoid being charged unnecessarily.

Regular Catering Service Hours are 7:00 AM - 3:00 PM Monday thru Friday. Orders deliverable during regular hours will receive no service charge. Catered Orders scheduled outside of regular business hours may receive an additional overtime rate charge.

Orders Cancelled 24 hours or more prior to specified set up time will not incur a cancellation fee. Orders cancelled within 24 hours of specified set up time will be billed according to a cancellation charge: 50% of the total event cost.

Responsibility for Catering Equipment provided with your order lies with the individual authorizing the order. All equipment must be returned with the order. CulinArt will pick-up all equipment at the time specified by you. Any equipment removed from the original drop-off location must be returned for pick-up prior to the time specified. Any equipment that is lost, broken or removed from the service site will be charged to the individual who authorized the original order at CulinArt's replacement cost.

Special Function Labor may be required for your event. CulinArt will make specific recommendations on the type and number of special servers, chefs, bartenders, etc. All special function labor is charged at \$25/hour with a guaranteed five-hour minimum.

We Encourage you to maintain a healthy lifestyle, one that incorporates wholesome, balanced food choices, regular exercise, and an overall attention to living well. We have denoted our Eat Well selections within this catering guide.

breakfast buffets



Continental Breakfast 7.95

select three (3): bagels, muffins, danish, scones or croissants, served with butter, cream cheese, preserves, assorted juices and bottled water, coffee, decaf and tea

Add our sliced fruit platter for 3.50 additional

Healthy Continental Breakfast 8.95

whole wheat bagels or low-fat muffins, low-fat cream cheese, trans fat-free spread, fruit preserves and peanut butter, fresh fruit and berry platter, a variety of non-fat yogurts, whole grain cereals, instant oatmeal, skim milk, juices (soy milk available upon request)

Bagel Breakfast 4.95

assorted fresh-baked large bagels with your choice of two (2) of cream cheeses: plain, smoked salmon, scallion or veggie, served with butter and preserves, coffee, decaf and tea

Hot Breakfast 11.25 *15 person minimum*

scrambled eggs, crisp bacon or sausage links, breakfast potatoes with onions and peppers, french toast, juices and bottled water, coffee, decaf and tea



Hearty Hot Breakfast 13.25 *15 person minimum*

our Continental Breakfast and Hot Breakfast combined: scrambled eggs, crisp bacon or sausage links, breakfast potatoes with onions and peppers, fresh-baked biscuits select three (3) bakery items: bagels, muffins, danish, scones or croissants, served with butter, cream cheese, preserves, juices and bottled water, coffee, decaf and tea

Healthy Hot Breakfast 11.95 *15 person minimum*

scrambled egg whites: plain or with spinach, tomatoes and part-skim mozzarella cheese, turkey sausage or veggie sausage, baked breakfast potatoes with onions and peppers, orange wedges, juices and bottled water, coffee, decaf and tea

a la carte breakfast



Starbucks Coffee, Tea, Decaffeinated Coffee 2.25

with sugar, milk and paper products

Freshly-baked Bagels 3.25

with plain cream cheese, butter and preserves

Freshly Baked Full-size Muffins or Pastries 3.25

Fresh Fruit Mosaic 3.75

sliced fresh fruit and berries with honey yogurt dip

Assorted Whole Hand Fruit Basket 1.75

Individual Low-Fat Yogurts 2.95 each

Fruit & Yogurt Parfaits 3.75 each

Breakfast Cereals 2.95

with whole and skim milk

Granola Bars & Cereal Bars 1.95

Freshly-baked Homestyle Cookies 2.75

Chewy Chocolate Brownies 2.75

Gourmet Miniature Breakfast Pastries 3.75

Cookie and Brownie Platter 3.75

sandwiches & wraps



Signature Sandwich Platter 9.95

includes the following variety of sandwiches prepared on select breads and rolls: pepper-crust beef and provolone with slow-roasted tomatoes and fresh basil . roasted red peppers, portobello mushrooms and wilted spinach with garlic aioli . grilled chicken with crisp arugula and caramelized onions on multi-grain roll . shaved prosciutto and mozzarella cheese with roasted pepper pesto spread . oven-roasted turkey with apple chutney *served with salad of the day, relish tray and potato chips*

Complete your buffet for only 5.95 additional

includes: tossed garden salad with dressing and David's fresh-baked cookies



Classic Sandwich and Wrap Collection 10.95

includes the following variety: turkey breast caesar wrap . grilled breast of chicken with sun-dried tomato spread on focaccia . shaved roast beef with cheddar on a kaiser roll . greek salad pita . veggie tuna with fresh dill and carrot on a crusty multi-grain roll *served with salad of the day, relish tray and potato chips*

Complete your buffet for only 5.95 additional

includes: tossed garden salad with dressing, choice of one additional side salad and David's fresh-baked cookies

side salads



Signature Red Bliss Potato Salad 2.50

Dijon Potato and Broccoli Salad 2.50

Caesar Salad 2.50

Greek Salad 2.50

Tossed Green Salad with Assorted Dressings 2.50

Cucumber and Tomato Salad 2.50

Whole Wheat Pasta Primavera Salad 2.50

Southwestern Black Bean and Corn Salad 2.50

Grilled Seasonal Vegetable Platter 2.50

Orzo, Feta and Cherry Tomato Salad 2.50

Green Beans with Shallot-Mustard Vinaigrette 2.50

boxed lunches

additional boxed lunch selections
available upon request

Classic Sandwich Boxed Lunch 12.25

choice of sandwich prepared on kaiser roll: breast of turkey, roast beef or ham prepared with swiss, american or provolone cheese

includes: bag of chips, fresh-baked cookie, piece of fruit and cold beverage

Salad To-Go Boxed Lunch 12.25

choice of entree salad: grilled chicken caesar, traditional chef salad, cobb salad or grilled salmon over greens

includes: bag of chips, fresh-baked cookie, piece of fruit and cold beverage

Vegetarian Boxed Lunch 12.25

mediterranean plate of hummus and tabbouleh with flatbread


includes: bag of baked chips, granola bar, piece of fruit and cold beverage

specialty sandwiches


Upmarket Sandwiches 10.95

select up to six (6) sandwiches or wraps from the following:

turkey varieties:

- a• turkey with cranberry chutney, red onion and lettuce on pumpernickel 
- b• turkey, bacon and cheddar on parker house roll
- c• smoked turkey and brie wrap
- d• smoked turkey, bacon, provolone with sun-dried tomato spread on ciabatta

chicken varieties:

- e• blazin' buffalo chicken on crusty baguette
- f• california chicken club on whole wheat roll
- g• balsamic chicken, mozzarella & spinach on focaccia
- h• greek chicken pita 
- i• italian chicken, roasted peppers & artichokes on semolina roll
- j• tuscan chicken salad on ciabatta roll

ham varieties:

- k• prosciutto, genoa salami and provolone on italian bread
- l• black forest ham with dill havarti on marble rye
- m• smoked ham, cheddar and pear wrap
- n• ham and brie with apple chutney on crusty bread






beef varieties:

- o• marinated flank steak with caramelized onions and horseradish on club roll
- p• southwestern roast beef and monterey jack wrap
- q• roast beef and smoked mozzarella with roasted peppers on italian bread

fish/seafood varieties:

- r• mexican shrimp salad and avocado wrap
- s• mediterranean seafood salad pita
- t• sicilian tuna salad on italian roll
- u• veggie tuna, spinach and artichokes in wheat wrap

vegetarian varieties:

- v• hummus with carrots, broccoli and tahini sauce in a spinach wrap 
- w• portobello mushroom with goat cheese and grilled radicchio on focaccia 
- x• southwestern wrap with brown rice, black beans, pico de gallo, cheddar 
- y• fresh mozzarella, tomato and basil on focaccia 
- z• bbq tofu wrap with carrot-cabbage slaw and lettuce 

served with assorted soda and bottled water

Complete your buffet for only 5.95 additional

includes: tossed garden salad with dressing and David's fresh-baked cookies

beverages



Freshly Brewed Starbucks Coffee, Decaf and Tea 2.25

Hot Beverage Refresh 1.50

Chilled Juices 1.75

orange, cranberry and apple

Bottled Water Service 1.75

Assorted Bottled Iced Teas, Sodas and Lemonade 1.95

hot luncheon buffet

Additional hot buffets and internationally-themed buffets available.
Please contact CulinArt to discuss alternate options.

Classic Hot Luncheon Buffet 16.50 *15 person minimum*

includes choice of two (2) salads, two (2) entrees and two (2) accompaniments served with iced tea and fresh-baked cookies

Salads, select any two (2) from our side salad selections inside guide:

Classic Entrées, select two (2):

- creamy dijonnaise boneless breast of chicken
- roasted breast of turkey with cornbread-herb stuffing
- orange-ginger stir-fried chicken with asian vegetables EW
- fillets of tilapia with cherry tomatoes and olives EW
- sliced beef tri-tip steak with onion gravy
- roast pork loin with caramelized apples and raisins EW
- baked penne pomodoro V
- pinto bean, cilantro rice and jack burritos V

Accompaniments, select two (2):

- smashed yukon gold potatoes
- spicy oven-fried potato wedges
- mashed sweet potatoes
- steamed red bliss potatoes EW
- long-grain rice pilaf
- green beans with red peppers EW
- brown rice with vegetable confetti EW
- steamed broccoli with lemon zest EW
- glazed carrots with dill
- roasted seasonal vegetable medley EW
- stir-fried mixed vegetables EW

breaks & snacks



Assortment of Fresh-baked Cookies 2.75

Chewy Chocolate Brownies 2.75

Sweet Surrender Platter 3.75 cookies, blondies, brownies

Fresh Fruit Mosaic 3.75 EW VG

Assorted Whole Hand Fruit Basket 1.75 EW VG

Crispy Snacks 1.75 classic chips & pretzels with onion dip

Baked Snacks 1.75 selection of baked chips & pretzels EW

South of the Border 3.95 tortilla chips, salsa, guacamole and sour cream V

Roasted Garlic Hummus 3.25 with baked pita chips EW V

Gourmet Cheese Display 7.95 with assorted flatbreads and crackers V

Vegetable Market Basket 5.50 with lemon-basil dip EW VG

Snack Bars 2.95 assortment of packaged granola and oat bars EW V

More Than Snackers 5.95

spicy buffalo chicken bites, thick-cut potato chips and pretzels with veggie dip

Sushi Sampler 7.95 5 pieces per person

Specialty Cakes call for details